

# Imagination

## Benefits

- can free from confines of reality
- knowledge of ourselves
- basis for fresh understanding
- reveals truth
- provoke new knowledge creation
- has the power to give us hope, create alternatives, find solutions, and bring reality

## Limitations

- Overactive imagination
- Delusions
- Constrained by experience
- Unrealistic future
- Reality vs. Fantasy

## Implications

Innovation- Most if not all of ideas for innovation start out with imagination.

Entertainment- TV, movies, theatre, and art all start with imagination.

Overactive Imagination- Having an overactive Imagination can cloud perception and blind your emotions.